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Treatment procedure using JETT PLASMA For Her II

Vulva laxity treatment



Procedure before the treatment

1. Before treatment information

1.1 Information for the patient

The first step in performing this treatment is to acquaint the patient with the treatment procedure. The nurse, together with the examining doctor, will explain the conditions and details about the treatment. The patient has to clearly understand why the planned procedure is necessary, day and hour of the treatment, the exact procedure of the treatment, what are the risks, that she should not come to the procedure hungry and thirsty if she can come alone, how long will her recovery be, whether she will be incapacitated for work, etc. It is also important to instruct the patient about the need to adhere to the prescribed dosage of medications she regularly takes (medicines for high blood pressure, thyroid, etc.).

1.2 Pre-treatment examination

Pre-treatment examination is performed and relevant records are filled in.

1.3 Contraindications

The doctor is obliged to make sure provably that the patient to be treated does not suffer from any of the following contraindications, which fact is subject to recording (the Informed Consent):

- pacemaker, Holter ECG monitoring system,
- another implanted electrical device,
- epilepsy,
- pregnancy,
- metal implants in the treated area,
- skin diseases or inflammations in the treatment area,
- urinary tract infection,
- collagen vascular disease,
- oncological disease in vulvovaginal region,
- menstruation,
- any untreated/badly treated disease in vulvovaginal region.



Treatment procedure

1. JETT PLASMA For Her II settings

- Switching the device on using the switch on the back of the device
- Calibration of the device according to the instructions for use
- For patient-device connection the disposable or cylinder electrode is used.

2. Patient preparation

- Check the position of the patient, which should be as comfortable as possible for the patient and for the doctor.
- For the treatment the Flat applicator 10 mm or the G-Applicator Wave can be used.

3. Treatment

- The attending doctor puts on sterile gloves.
- An ultrasonic indifferent gel is applied to the vulva.
- G-Applicator Wave/Flat applicator 10 mm is removed from the sterile package.
- G-Applicator Wave/Flat applicator is put on to the vulva.
- The intensity is set according to patient comfort. It is recommended to start the treatment at intensity 3 and then gradually set higher intensity. The intensity 5 is recommended as a maximum intensity.
- Treatment is started by pressing the footswitch. The G-Applicator Wave/Flat applicator 10 mm moves in slow vertical motion, first on one labia majora and then on the other labia majora. The applicator must not be removed from the vulva during treatment if the footswitch is pressed (current is flowing through the patient), as this could cause discharge and burn the patient.
- The device is deactivated with the footswitch. The G-Applicator Wave/Flat applicator 10 mm is removed from the patient's vulva and is intended for higher disinfection (intended for one-patient treatment) or disposed of as infectious waste.
- The patient is disconnected from the device and the device is turned off using the switch on the back of the device.

After treatment care

- After the treatment, the excess gel is wiped off.
- The patient is instructed in intimate hygiene.

Number of treatments

The treatment is performed three times over a period of 10-14 days.