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## Treatment procedure using JETT PLASMA For Her II

### Vaginal laxity treatment



## Procedure before the treatment

### 1. Before treatment information

#### 1.1 Information for the patient

The first step in performing this treatment is to acquaint the patient with the treatment procedure. The nurse, together with the examining doctor, will explain the conditions and details about the treatment. The patient has to clearly understand why the planned procedure is necessary, day and hour of the treatment, the exact procedure of the treatment, what are the risks, that she should not come to the procedure hungry and thirsty if she can come alone, how long will her recovery be, whether she will be incapacitated for work, etc. It is also important to instruct the patient about the need to adhere to the prescribed dosage of medications she regularly takes (medicines for high blood pressure, thyroid, etc.).

#### 1.2 Pre-treatment examination

Pre-treatment examination is performed and relevant records are filled in.

#### 1.3 Contraindications

**The doctor is obliged to make sure provably that the patient to be treated does not suffer from any of the following contraindications, which fact is subject to recording (the Informed Consent):**

- pacemaker, Holter ECG monitoring system,
- another implanted electrical device,
- epilepsy,
- pregnancy,
- metal implants in the treated area,
- skin diseases or inflammations in the treatment area,
- urinary tract infection,
- collagen vascular disease,
- oncological disease in vulvovaginal region,
- menstruation,
- any untreated/badly treated disease in vulvovaginal region.



## Treatment procedure

### 1. JETT PLASMA For Her II settings

- Switching the device on using the switch on the back of the device
- Calibration of the device according to the instructions for use
- For patient-device connection the disposable or cylinder electrode is used.

### 2. Patient preparation

- Check the position of the patient, which should be as comfortable as possible for the patient and for the doctor.
- Maquette of G-Applicator 30 mm is tested on the patient if the size of the applicator is comfortable for the patient. The condom has to be used on the maquette for patient protection. If the G-Applicator 30 mm is too big for the patient, the G-Applicator Wave should be used for the treatment.

### 3. Treatment

#### 3.1 G-Applicator 30/20 mm

- The attending doctor puts on sterile gloves.
- The G-Applicator 30 mm is removed from the sterile package and an ultrasonic indifferent gel is applied to it.
- Before the treatment it is recommended to dry the vagina using a special tool
- G-Applicator 30 mm is inserted to the vagina and then it is extended to the beginning of the vagina.
- The intensity is set according to patient comfort. It is recommended to start the treatment at intensity 3 and then gradually set higher intensity.
- Treatment started by pressing the footswitch. The G-Applicator 30 mm moves back and forth slowly inside the vagina for approximately 7 minutes. The G-30 mm applicator must not be removed from the vagina during treatment if the footswitch is pressed (current is flowing through the patient and the diode in the applicator is lit), as this could cause discharge and burn the patient.
- The device is deactivated by releasing the footswitch and the 30 mm G-Applicator is rotated 180 °.
- Treatment is started by pressing the footswitch. The G-Applicator 30 mm moves back and forth slowly inside the vagina for approximately 7 minutes. The G-Applicator 30 mm must not be removed from the vagina during treatment if the footswitch is pressed (current is flowing through the patient and the diode in the applicator is lit), as this could cause discharge and burn the patient.
- The device is deactivated with the footswitch. The G-Applicator 30 mm is removed from the patient's vagina and is intended for higher disinfection (intended for one-patient treatment) or disposed of as infectious waste.
- The patient is disconnected from the device and the device is turned off using the switch on the back of the device.



### 3.2 G-Aplikátor Wave

- The attending puts on sterile gloves.
- The G-Applicator Wave is removed from the sterile package and an ultrasonic indifferent gel is applied to it.
- G-Applicator Wave is inserted to the vagina and then it is extended to the beginning of the vagina.
- The intensity is set according to patient comfort. It is recommended to start the treatment at intensity 3 and then gradually set higher intensity. For G-Applicator Wave the intensity 5 is recommended as a maximum intensity.
- Treatment is started by pressing the footswitch. The G-Applicator Wave moves back and forth slowly inside the vagina and gradually rotates the applicator to make contact with the entire surface of the vaginal mucosa. The whole treatment takes about 15 minutes.
- The device is deactivated with the footswitch. The G-Applicator Wave is removed from the patient's vagina and is intended for higher disinfection (intended for one-patient treatment) or disposed of as infectious waste.
- The patient is disconnected from the device and the device is turned off using the switch on the back of the device.

#### After treatment care

- After the treatment, the excess gel is wiped off.
- The patient is instructed in intimate hygiene.

#### Number of treatments

The treatment is performed three times over a period of 10-14 days.